# Grangeville EMT Association 34th Annual Spring Fling

Saturday

March 2nd, 2019

Featuring Keynote Speaker: Heather Davis

8 CEUs available

(Breakfast and Lunch Included)

Register online at www.gemtaonline.org

83720-0036





# **FACULTY**

**Heather Davis** ~ Dr. Davis is the Associate Director for the UCLA Center for Prehospital Care in the David Geffen School of Medicine where she is responsible for one of highest performing paramedic programs in the nation. She holds a Doctorate in Educational Psychology from the University of Southern California where she also teaches as an adjunct professor in the Rossier School of Education, and is a Board Member for the National Registry of EMTs. Dr. Davis is a published author and national speaker.

**James Nania** ~ Dr. Nania specializes in emergency medicine and is the medical program director for Spokane County EMS. He is affiliated with Deaconess Hospital and has been in practice for more than 40 years. "Dr. Jimmy" has been instrumental to the ongoing success of INHS's "EMS live@night" -bringing continuing education to rural areas in six states.

**Ricky Battle** ~ Ricky Battle is a Firefighter Paramedic with the Los Angeles County Fire Department where he has 15 years of service. He is a graduate of the UCLA Paramedic Education Program. Ricky is a Field Preceptor and PHTLS Instructor, and was recognized this year as Preceptor of the Year. He is famous for his sense of humor and rapport with patients. In his free time, Ricky is an avid snowboarder who hopes to retire to Colorado for fresh tracks every morning.

**Travis Spencer** ~ Travis Spencer is a Paramedic/Community Paramedic in Payette County. He had the honor of receiving the Idaho Rural Health Hero award for his work in community EMS including program development, patient care, and teaching of community EMTs. He truly believes in the CHEMs model of care as a mechanism to remove access barriers to vulnerable populations in rural Idaho. In addition, Travis is a certified flight paramedic, licensed practical nurse, and part of the tactical response team.

**Summer Day** ~ Dr. Day, is a pediatric cardiology specialist in Moscow, ID and has been practicing for 7 years. She graduated from University of Washington in 2011 and completed her residency at Seattle Childrens Hospital. Last year she did an international rotation in Kenya serving as a senior resident for medical interns. Dr. Day played rugby throughout her collegiate years and enjoys running marathons, cycling, hiking, and baking.

**Bryn Parker** ~ Dr. Parker is a practicing Family Practitioner in Moscow, ID. She graduated from University of Washington in 2011 and completed a residency at Swedish Hospital Medical Center. Dr. Parker has been practicing for 7 years and is currently practicing at Moscow Family Medicine and affiliated with Gritman Medical Center. Dr. Parker grew up in Elk City, Idaho and graduated from Grangeville H.S. She started her medical career as an EMT with the Moscow VFD while attending University of Idaho.

Spring Fling is co-sponsored by:





*GEMTA* would like to thank the following for their continued support:

Syringa Hospital & Clinics
St. Joseph Regional Medical Center
Bureau of Rural Health & Primary Care

Grangeville High School

Dean Neufeld~ North Idaho Health Coalition

# **CONFERENCE CLASSES**

- Stuff You Used to Know: Can you define pulsus paradoxus? How about Cushing's triad? Brudzinski's sign? The Parkland burn formula? This is an interactive session where participants answer questions about commonly forgotten information. This session will review concepts taught in class, and even used in the field, but not always remembered readily. Attendees will leave saying, "Oh, yeah!" and "I forgot about that!"
- **Secret Ways to Diagnose a Heart Attack:** Identify 'high yield' signs and symptoms supporting acute coronary syndrome (ACS) as well as findings making ACS less likely. Apply "Risk Profiling" in the ambulance and in the ER to identify heart attacks. Evaluate the good and bad of common diagnostic tests for heart attacks.
- **Community EMS:** Community Health EMS is a new concept that has sprung up around the country. It uses emergency responders to provide care in non- emergent settings. Community Emergency Medical Technicians (CEMTs) work in collaboration with local public health agencies, primary care and specialty care providers and help fill gaps in local healthcare by using existing EMTs/AEMTs in expanded roles. Learn what it's about and how to get involved.
- **Pediatric Seizures:** Pediatric seizures are common. So common that about 5% of all children will have a seizure by the time they're 16 years old. While most kids will end up being diagnosed with a benign simple febrile seizure, at the other end of the spectrum is status epilepticus a true emergency with a scary mortality rate. We need to know how to differentiate and manage pediatric seizures in the prehospital setting.
- **Benign Complaints That Can Kill**: It's easy to recognize the classic symptoms of a heart attack, or stroke, but can you recognize "a headache that kills?" Learn to recognize symptoms that appear benign but may ultimately be red flags for illnesses far more serious.
- **Pulmonary Embolisms:** Pulmonary Embolisms affect about 1 in 1,000 people in the U.S. every year. This condition carries a high risk of fatality. The period of highest risk is in the hours after the embolism first occurs. With effective and timely treatment, most people who experience a pulmonary embolism can make a full recovery.
- **That's Not Supposed to Happen:** We all try to follow policies and do what is expected of us by our medical directors, supervisors, and patients. But, sometimes, stuff doesn't go exactly as planned, and one has to improvise. Come learn about some fantastic calls from a busy, metropolitan fire-based EMS system that will have your eyes wide and you thinking, "Now, that's not supposed to happen!"
- **State of the State:** Idaho EMS Bureau will discuss changes affecting EMS providers, what EMS is working towards, and what to expect in the near future.
- **Kinematics of Trauma:** If you reach the patient's side and do not know from how far they fell or if the steering wheel is bent, you are already behind the eight-ball in trauma patient assessment! The forces involved in traumatic injuries are serious, and are often the single biggest determinate of outcome for these patients. Learn about the deadly forces involved in trauma and how to predict injuries before they are noticeable for major trauma patients.
- **Pediatric Respiratory Emergencies:** Respiratory emergencies are the most common reason children are seen in the ED each year, and respiratory failure is the most common cause of cardiopulmonary arrest in pediatric patients. While many respiratory illnesses can be mild, others are life threatening and require prompt diagnosis and management. It is imperative that emergency technicians be able to recognize and manage these illnesses.
- **Keeping Your Cool with Uncooperative Patients:** Calls run more efficiently when patients will just do what we need them to do. But, for many reasons from hypoglycemia to fear, patients do not always cooperate. This session focuses on communication and management strategies that will help you get patients to cooperate with the plan that provides the best care for them and makes everyone's job a little easier and safer.
- **Chest Trauma**: Chest trauma is a leading cause of trauma death in this country. Are you doing everything you can for these patients? Come learn what's new in the management of cardiothoracic trauma so that your patients have a fighting chance of survival! This session is appropriate for both ALS and BLS providers.

#### **BREAKFAST AND LUNCH**

Saturday breakfast and lunch are provided free of charge to all registered participants. Continental breakfast, sponsored by Saint Joe's Regional Medical Center, will include doughnuts, fruit, yogurt, and beverages. A hearty lunch of pulled pork sandwiches, beans, and salad will be provided by "SHIZNITS" and is sponsored by Life Flight Networks.

### **LODGING**

 Super 8 Motel
 (208) 983-1002
 801 W. South 1st Street

 Gateway Inn
 (208) 983-2500
 700 West Main Street

#### **LOCATION**

Spring Fling will be held at Grangeville High School, 910 S. "D" St. From Highway 95: turn east onto Main St., drive one block and turn right on "C" St. Drive south on "C" St. for seven blocks to Jefferson and take a right.



Grangeville EMT Association would like to thank all the participants who have come to Spring Fling over the last 33 years! Your continued participation has been crucial in making this annual conference a success and allows us to bring quality instruction and continuing education to all pre-hospital providers in the region. We look forward to seeing you again!

For more information on Spring Fling, please contact:
Brandice Peterson: (619 841-8191) idahogemta@gmail.com
Rob Courtwright: (208 983-3418) idahogemta@gmail.com

### REGISTRATION

Register online at "www.gemtaonline.org" or by mail. Deadline for "early bird discount" is postmarked or completed online by **Wednesday, February 20th, 2019.** Regular Registration is \$75.00 If registering by mail, please mark the sessions you would like to attend on the provided class schedule. Registration fee at the door is \$75. Refunds must be requested no later than 7:45 a.m. March 2nd, 2019. A \$15.00 material fee will be deducted. **No refunds** will be given after the start of the conference.

Confere	ence Registration	n (Plea	ase co	mplete	e a sepa	arate fo	rm for	each ir	ndividual register	ing)
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Early Bird	I Registration fee; (F	Postma	arked b	y Feb	20, 20	19)		\$60.0	00 \$	
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Long sleeve T-Shirts (indicate size above)				-	Total x \$25.00					
•	Fee: (Applies only to others will be availal							\$8.0	00 \$	

Return this form with payment to:

#### **GRANGEVILLE EMT ASSOCIATION**

P.O. Box 276
Grangeville, Idaho 83530-0276
Make checks payable to Grangeville EMT Association (or GEMTA)

# CONFERENCE CLASS SCHEDULE

(If you are mailing in your registration, please mark sessions you would like to attend)

Saturday, March 2nd											
06:00 - 07:45	Registration and Continental Breakfast										
07:45 - 08:00	Color Guard Presentation and Opening Announcements										
08:00 – 09:15	Keynote Speaker – Heather Davis "Stuff You Used to Know"										
09:15 - 09:30	Break - Please Support Our Vendors!										
09:30 – 10:45	James Nania – Secret Ways to Diagnose a Heart Attack										
10:45 – 11:00	Break – Please Support Our Vendors!										
11:00 – 12:00	Community EMS Travis Spencer	Pediatric Seizures Summer Day	Benign Complaints That Can Kill Life Flight Network	Pulmonary Embolisms Life Flight Network	That's Not Supposed to Happen! Ricky Battle						
12:00 – 13:15	Idaho EMS presents "State of the State" (Lunch Sponsored by Life Flight Network)										
13:15 – 14:30	Heather Davis- Kinematics of Trauma										
14:30 – 14:45	Break – Please Support Our Vendors!										
14:45 — 15:45	4:45 – 15:45  Pediatric Respiratory Emergencies Bryn Parker  Pe		Benign Complaints That Can Kill Life Flight Network	Pulmonary Embolisms Life Flight Network	Keeping Your Cool Ricky Battle						
15:45 – 16:00	Break – Please Support Our Vendors!										
16:00 – 17:00	Heather Davis- Managing Chest Trauma										
17:00 – 17:30	Evaluations, Wrap-up, DOOR PRIZES - Must be present to win!										